Dounousa

Stefan Hornburg (Racke)

Understand

Dounousa ($\Delta ovo \dot{\sigma} \alpha$) is a small Cycladic island (13.5 km²). It is located east of Naxos, with the Makares islands in between. The other islands of the little Cyclades are southeast and Amorgos is South of Dounousa.

Stavros is the main settlement.

The largest elevations are *Papas* (Πάπας, 383 m) and Vardia (Βάρδια, 386 m)¹. Papas is part of the Dounoussa Trail Running Track.

History

Electricity was installed in 1982^2 .

Bring enough cash with you. There is an ATM close to the beach, but it is sometimes empty. Even for 10 days end of August / beginning of September 2021.

Villages

- Donousa (Δονούσα) also Stavros (Σταυρός)
- Kalotaritissa (Καλοταρίτισσα)
- Mersini (Μερσίνη)
- Charavgi (Χαραυγή) also Mesaria (Μεσαριά)

² https://www.greektravel.com/greekislands/little-cyclades/index.htm

¹ https://de.wikipedia.org/wiki/Donousa#Lage



Get in

Only by ferry. Next airport is on Naxos. Blue Star Naxos from Piraeus. Delays are common. You can reduce the waiting time by checking the Ferry tracker. Schedule Skopelitis

Get around

By bus

The bus starts at the port and goes to Kalotaritissa. Stops at Kedros, Messara and Mersini (Livadhi and Fykio beaches).

By boat

The boat goes to the Kedros and Livadhi beaches and to the Fokospilia cave. Schedule is posted at the port. At Livadhi you need to disembark through the water (hip height).



Do

Beaches

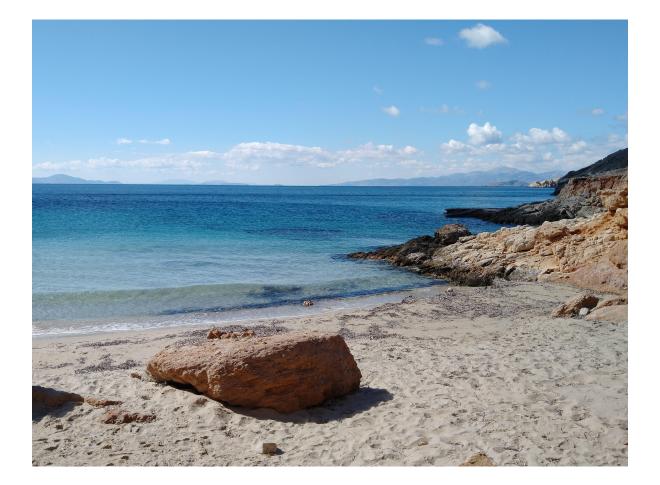
Kedros

The beach bar has really nice food.

Livadhi

Fykio

East of Livadi beach.



Kalotaritissa

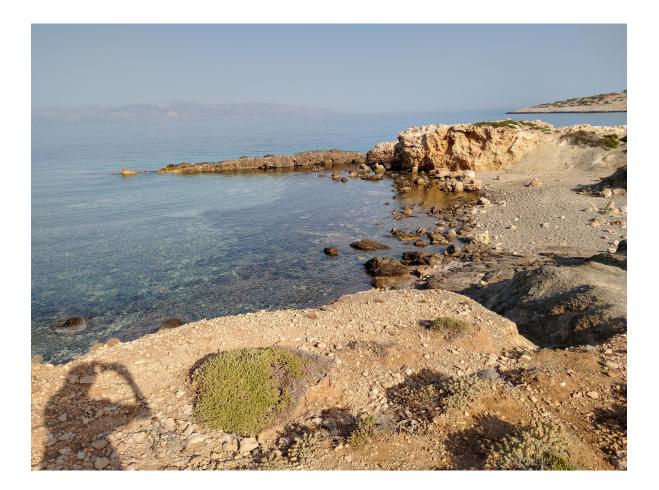
Kalotaritissa has a couple of beaches.

There is one opposed to the village, which can be reached by walking the hiking trail.



Limni

The hiking trail 5 goes there, about 30-40 minutes. The water is flat and there are a lot of stones, so better bring some bathing shoes.



Hiking

List of trails: http://www.donoussatrailrunning.gr/index.php/en/dtr-donoussa-en/dtr-trails-en

Dounoussa Trail Running

Home page http://www.donoussatrailrunning.gr/index.php/en/

 $Facebook \ \texttt{https://www.facebook.com/donoussatrailrunning/}$

The last run was on 18th and 19th October 2019 (kids run, 9 km, 20 km).



Buy

There is one ATM close to the port side of the beach.

The mini market opens at 7am, but takes a break in the early afternoon. The tavern at the port also doubles as mini market and has better prices.

The fruit shop takes a break between 3pm and 5pm some days.

The bakery opens from 7am to 10pm every day.

Eat

Try the local soft cheese with your Greek salad instead of Feta. It is really delicious and called Xynomyzithra.

Captain George

Open all year.

Strandbar Kendros

Closes mid October.

Agnanti

On the hill between Stavros and Kedros beach. Summer only.

Iliovasilema

Vegera

Drink

Sleep

- O Kipos https://www.donoussa-kykladen.de/index.html
- Iliovasilema http://www.iliovasilema-studios.gr/en/enikiazomena-domatia-donousa

There is also a list of accommodations on the trail running website: http://www.donoussatrailrunning.gr/index.pl

Go next

Take a day trip to Koufonissi (5.90 \in one way), Schinoussa or Iraklia (both 8 \in) with the Express Skopelitis. Runs Tuesday, Thursday and Saturday in the summer (10th June to 8th September in 2019) and Monday, Wednesday, Friday the rest of the year.

References

Linuxia Wiki

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wiki.linuxia.de